

Fill your cup!



International Survivors of Suicide Loss Day

Cookie recipe

Ingredients

150g butter, softened
1/2 cup brown sugar
1/2 cup caster sugar
1 egg
1 tsp vanilla extract
1 3/4 cups plain flour
1 cup milk chocolate chips

- 1** Preheat oven to 180C or 160C fan-forced. Line 2 baking trays with baking paper. Using an electric mixer or hand whisk, beat butter, brown sugar and caster sugar for 1-2 minutes or until smooth. Beat in egg and vanilla until combined.
- 2** Stir in flour, once combined add chocolate chips. Roll mixture into balls and place on prepared trays, 3cm apart. Press down slightly.
- 3** Bake for 15-18 minutes or until light golden and cooked. Transfer to a wire rack to cool. Store in an airtight container for up to 1 week.

We invite you to fill your cup physically and metaphorically by hosting a morning tea with friends, family and colleagues, to share memories, stories and experiences over a cuppa, while building connections and community.

Serve with a hot cuppa and conversation.



Find out more information on how to access these services through your local StandBy site on 1300 727 247.

StandBy - An initiative of Youturn jointly funded by the Australian, New South Wales, Victorian, Queensland and Northern Territory Governments.



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