Help-seeking information

National support line



Support After Suicide 1300 727 247

Phone and face-to-face support for anyone bereaved or impacted by suicide.

Including: individuals, families, friends, witnesses, first responders, schools, workplaces and community groups.

www.standbysupport.com.au

Other Support Services

Adult

Lifeline: 13 11 14 www.lifeline.org.au

beyondblue: 1300 224 636 www.beyondblue.org.au

MensLine Australia: 1300 789 978

www.mensline.org.au

Youth

Kids Helpline: 1800 55 1800 www.kidshelpline.com.au

eHeadspace:

www.headspace.org.au

youthbeyondblue.com

1300 224 636

Other resources

Aboriginal and Torres Strait Islander healthinfonet.ecu.edu.au

Lesbian, gay, bisexual, trans and/or intersex

1800 184 527 glife.org.au

Culturally and linguistically diverse embracementalhealth.org.au



This mini resource is part of the **StandBy** Support After Suicide Toolkit: Postvention Response for Site Owners and Leadership. For more information or to download the full toolkit www.standbysupport.com.au/resources/

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www.standbysupport.com.au

